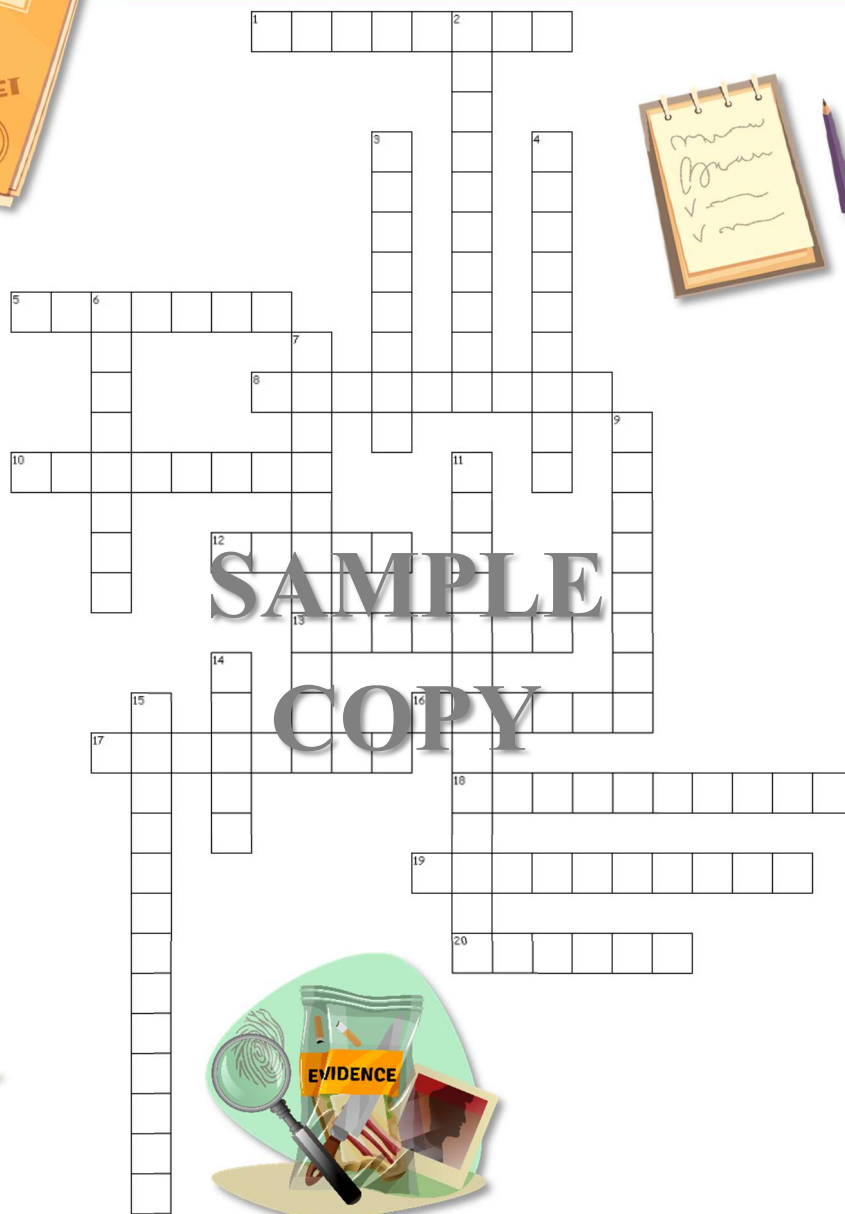


The Learning Power Crossword!

D

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Across

1. Monitoring your progress as a learner
5. You can gain and lose marks in exams due to S.P.A.G. – which stands for Spelling, Punctuation And _____
8. Another word for thought or thinking
10. Learning to speak a new _____ has been shown to increase intelligence levels over time
12. What one hopes to achieve and reach; having these is important for staying motivated
13. It's important to make one of these after you read new texts so that you have a general overview of what the text said
16. A nutritious, balanced and _____ diet is important for fostering healthy brain development
17. Independent learners tend to have strong _____ skills
18. Higher-Order Thinking Skills include analysis, _____ and synthesis. Doing this means judging the value, accuracy and usefulness of new ideas and theories
19. When students think deeply about how they learn and how to learn more effectively
20. A fun way to get exercise, build social skills, and care for the body and mind

Down

2. Learning to play a new musical _____ has been shown to increase students' IQ levels over time
3. An addictive *stimulant drug* contained in coffee, tea and energy drinks that can have a negative impact on learning
4. Inquisitive students are naturally curious people who like generate their own _____ and investigate the answers in their own time
6. The ability to make decisions; in this case, about what and how you learn
7. When you are marking your own work or the work of a classmate it can be useful to look at one of these first so that you know what a perfect answer looks like
9. Being _____ to social media or gaming can disrupt a student's ability to learn; if you think this is a problem for you the school counsellor might be able to help
11. Knowing your strengths and weaknesses as a learner
14. A lack of this is a common obstacle to learning – you should aim to get at least seven hours of this per night
15. 'Thinking about thinking': noticing how you think about learning and making improvements to how you think so that you can learn more effectively

Use the clues to solve the case: connect the answers to your own situation as a learner and think about their relevance to your life.