**The Big Picture**

**Objectives**

1. Describe What Self-Regulated Learning (SRL) Involves
2. Explain What Metacognition Is and Why It’s Important
3. Evaluate Different Approaches To Metacognition & SRL

**Engagement / Starter**

- Analysis of ‘Meta’ prefix
- ‘Meta-’ words (vocabulary)
- Metacognition definition

**What has to stick in their minds?**

- A basic understanding of self-regulated learning & metacognition
- The self-regulation cycle
- Examples of the concepts in practice
- At least one target for improvement relating to SRL or Metacognition

**Assessment for Learning (Linked To Objectives)**

- Post-it task (1 & 3)
- Ranking Discussion Task (1 & 3)
- Plenary (Verbal Feedback) (1 & 3)
- Use of Questioning (ALL)
- Worksheet Completion (2 & 3)
- End of Lesson Debates & Discussions (ALL)

**Differentiation: Lower/Higher Abilities/EAL/LD**

- Differentiated LOs. Simple instructions, activity/assessment choices. No hands up approach for engagement.
- Open ended tasks. Variety of activities: balance between discussion, writing. Use of worksheet to structure expressions of learning and encourage questioning. Think, pair share and group work approaches.

**Keywords**

- Self-Regulated Learning
- Metacognition
- Reflective Learning
- Independent Learning

**Hook**

- Analysis of ‘Meta’ /Metacognition definition
  - [Displayed on screen as students enter]

**Title**

- Objectives
- Mini-Task

**Word Match Task**

- Deliver as you see fit. Allow time for feedback & questions.

**What Is SRL?**

- (2 slides)
- Group Reading
  - Optional Small Tasks Included

**Task A**

- Post-it reflection question generation. Cycle.

**Task B**

- Ranking Discussion Task

**Plenary**

- Group Reading
- Worksheet Questionnaire

**Task B**

- Complete Worksheet

**Aspects of Metacognition**

- Group Reading

**TPS Discussion & Moving Debate Tasks**

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